

42nd Street

Annual Report

2023-2024



42 **ND**
STREET

www.42ndStreet.org.uk

42nd Street is a charity reg in England No. 702687

Our Vision

Inclusive, accessible mental health services and opportunities for all young people

Our Mission

42nd Street supports young people in Greater Manchester aged 11-25 years with their emotional well-being and mental health by offering a choice of effective, creative, young person-centred and rights-based approaches.

The 42nd Street team recognises that many young people feel disempowered, that some services are difficult to identify with and access and that mental health and personal difficulties can be made worse by the health, social and economic inequalities that might be experienced.

We do all we can to make young people feel listened to, valued, included, safe and unique.

By working collaboratively, we demonstrate local impact with national significance driving meaningful change that makes a positive difference to the lives of young people.

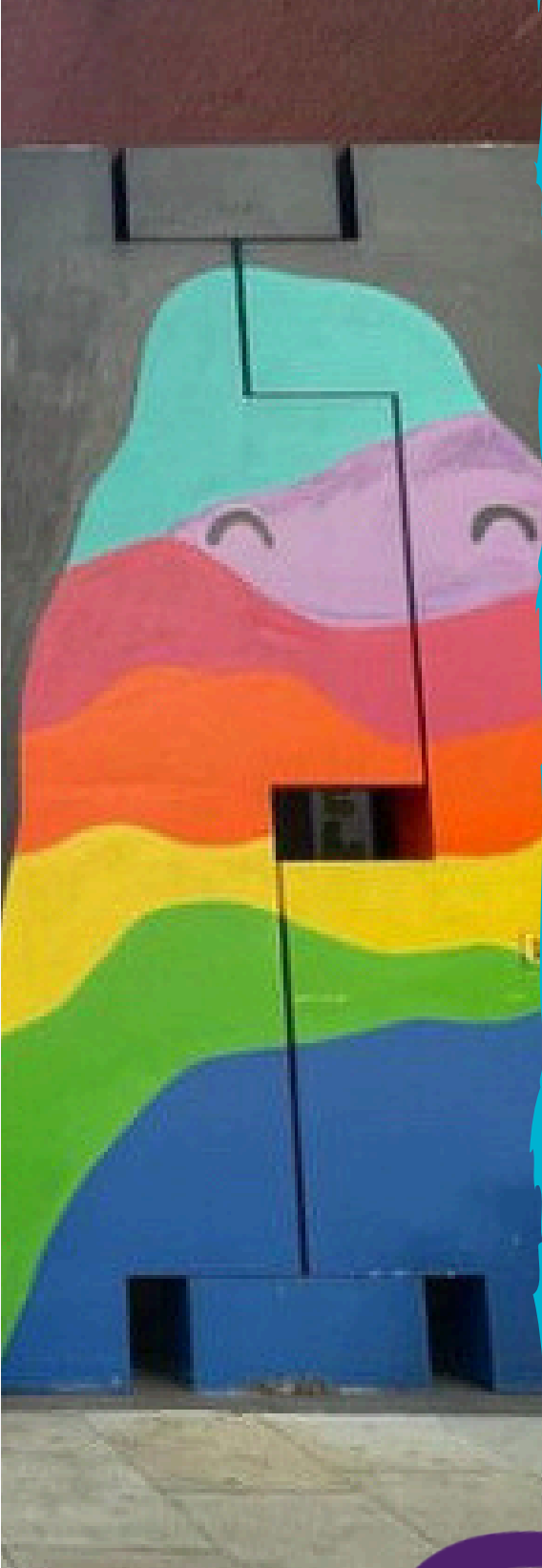


Chairs Report

Liz Allen

The Board of Trustees are proud of the incredible team -their resilience, compassion, creativity and drive make 42nd Street's impact possible. They consistently meet the challenges we face, responding to ever-changing demands with professionalism and care, inspiring us with their unwavering dedication to the young people that reach out for support. The additional pressures that the team have had to work through this year has made this an exhausting and emotional year for many of us, but the way in which colleagues have supported each other and friends and colleagues outside of the organisation has been both remarkable and moving.

On behalf of the Board of Trustees, I would like to thank everyone who has contributed to our work this year: the staff, interns, supporters, partners funders and of course the young people themselves . Together, you have made it possible for us to continue providing vital services with young people during times of uncertainty and distress. Looking ahead, we remain committed to adapting to the evolving needs of our community, finding innovative ways to deliver support, and strengthening our impact. It is through this shared commitment and collaboration that we can continue to build a brighter and more hopeful future for the young people who inspire us every day.



CEO Report

Simone Spray

This year has presented both significant challenges and meaningful opportunities for 42nd Street. As an organisation, we have navigated increasing financial and political pressures while remaining steadfast in our mission to support young people. Despite these difficulties, our team has worked tirelessly to ensure that those who need us most feel seen, valued, and supported.

The demand for mental health services continues to grow, with over 5,000* young people accessing support from 42nd Street this year. However, the increasing number of young people on our waiting list—a sobering reality for the sector and young people—required us to make some tough decisions. By focusing our resources considerately, we have been able to prioritise care to young people with the most urgent needs or who may struggle to access other services, while continuing to explore ways to expand our capacity in the future.

Throughout this time, the organisation has taken purposeful steps to enhance its approach to inclusion and accessibility. By deepening our focus on care-experienced and estranged young people, working closely with communities experiencing economic hardship, and expanding our engagement with global majority and LGBTQ+ groups. Being flexible in the way we provide support to reach young people and meet their needs, providing our service online via our platform Breathe, in person or through schools' and community work. We have also continued to expand and strengthen our programme of creative and group activities which have brought vital opportunities for expression, action and connection to 2459 young people.



*The 5000, references 5410 accessing 42nd Street including 1205 young people waiting for support as we entered.

Sadly, in November 2023, 42nd Street lost a much-loved colleague- Emily. Emily was incredibly dedicated and proud of her work with young people and she and her family will always be in our hearts. If you would like to make a contribution to Bags for Strife- the incredible charity that helped Emily's family and others like them, then please donate whatever you can to the QR code on the following page.

I would like to say thanks to the whole team at 42nd Street and everyone that supports us, together you are an incredible force of compassion and strength, changing the world a step at a time...





**“Be bright, sunny, and positive.
Spread seeds of happiness.
Rise, shine, and hold your head high”
- Remembering Emily**

“BAGS for Strife was set up by people who have lost loved ones to suicide. At the time of our loss we were struck by the lack of accessible support for families and friends in the aftermath and having reached out to others who have been through similar circumstances, we realised that our experience was not unique.

So we set up BAGS for Strife, to provide practical and emotional support for those who may need it.”



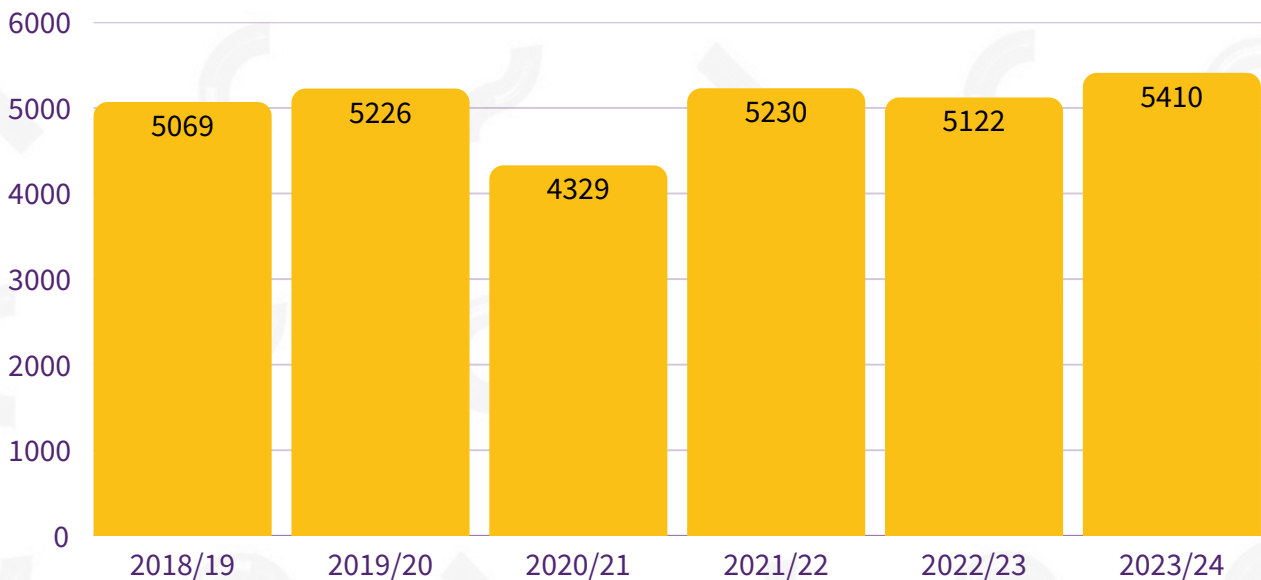
BAGS
FOR STRIFE

Key Service Outputs

In 2023/2024 a total of 5410 young people accessed 42nd Street, including 1205 young people waiting for support as we entered the year.

4205 young people engaged with 42nd Street which includes those who had a referral, had a contact, attended a group, accessed support in schools, in the community and through workshops. Some young people may also access more than one part of the service.

Total young people accessing 42nd Street, by year



Screening involves reviewing referrals to ensure our service is the best fit for the young person.



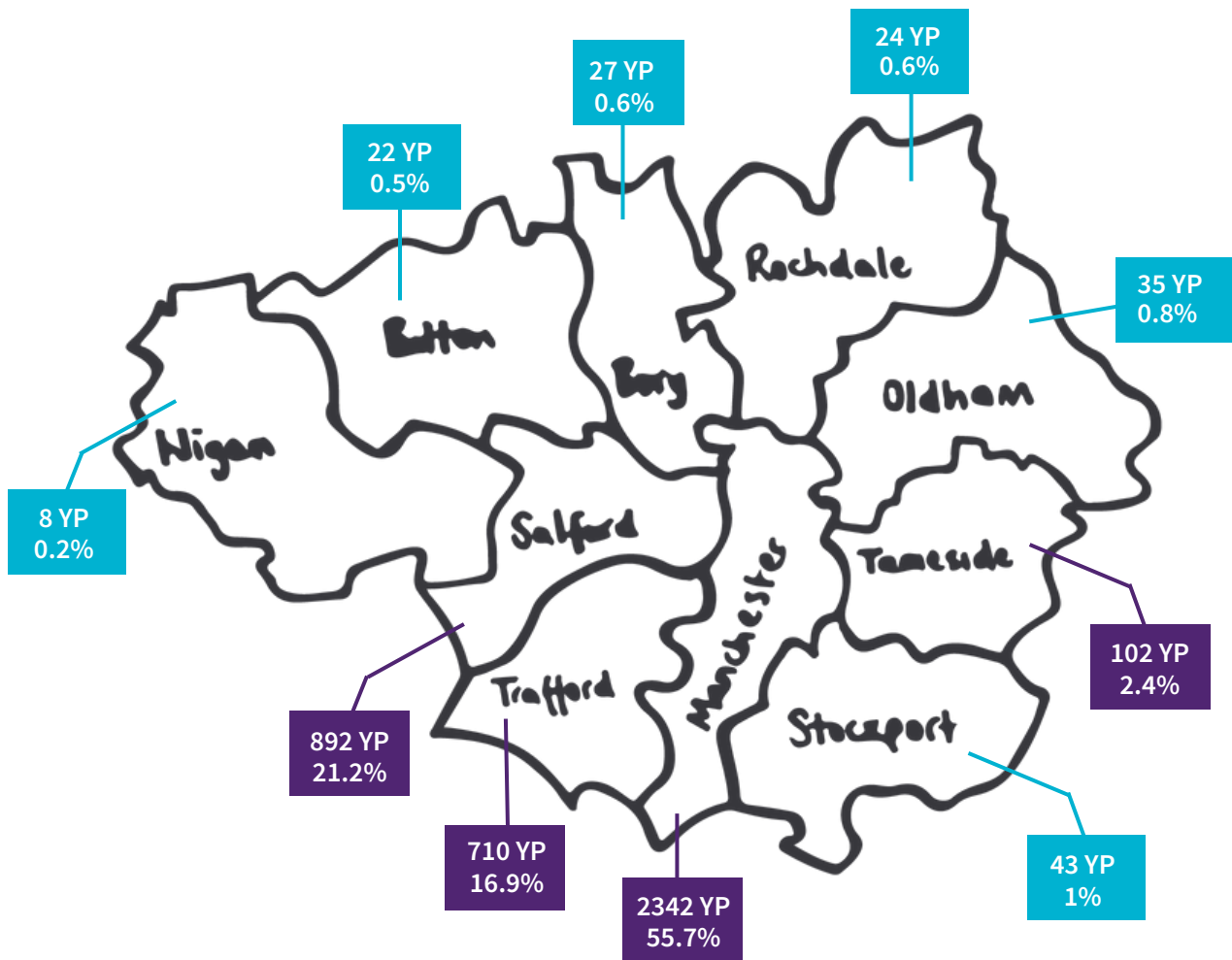
Assessment is a collaborative meeting between a young person and a practitioner to explore their support needs, goals, and expectations.



Engagement work involves essential groundwork with young people, parents, or carers to set the stage for support.

Demographics

A demographic breakdown of young people who received individual therapeutic support and group work programmes in 2023/2024.



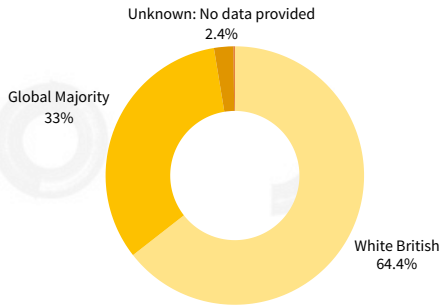
Location

The data for 2023/2024 highlights significant variation across Greater Manchester, with Manchester accounting for the majority (55.7%) of young people accessing services. This reflects its large population and the wider range of services available in the area. Salford (21.2%) and Trafford (16.9%) follow, which is consistent with their smaller populations and service availability.

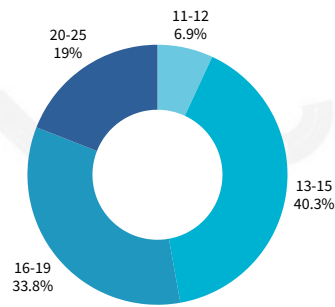
In contrast, outer areas such as Tameside & Glossop, Stockport, Oldham, and Bolton report much lower numbers. These differences are likely influenced by their smaller populations, fewer available services, and the limited reach of GM-wide projects such as online support and specialised services.

This distribution underscores the interplay between population size, local service provision, and access to 42nd Street's support in shaping referral patterns across the region.

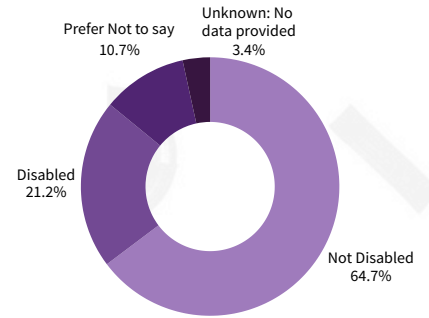
Age



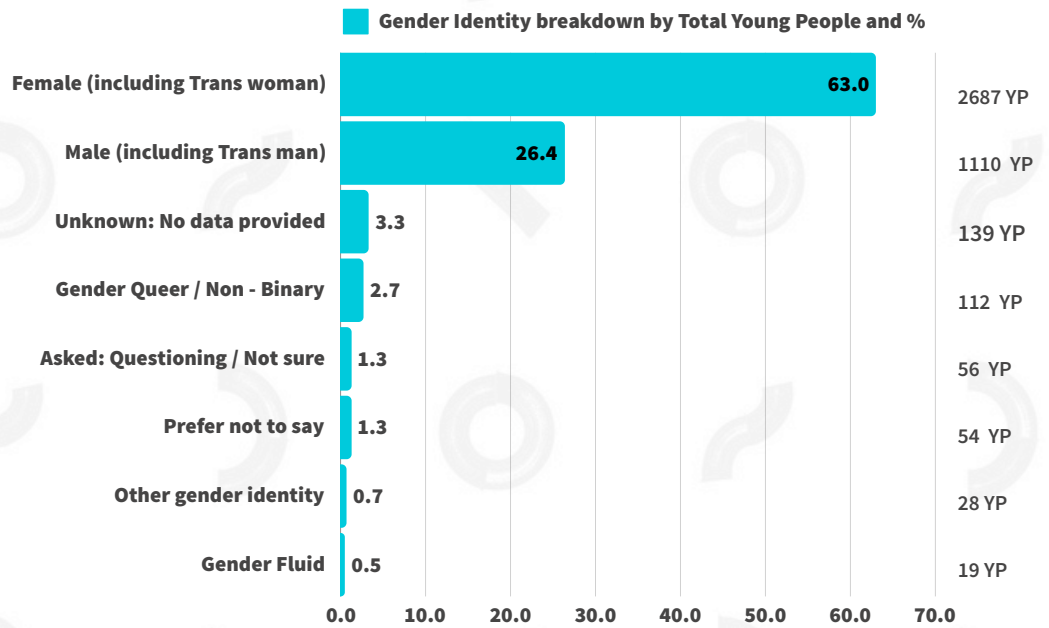
Ethnicity



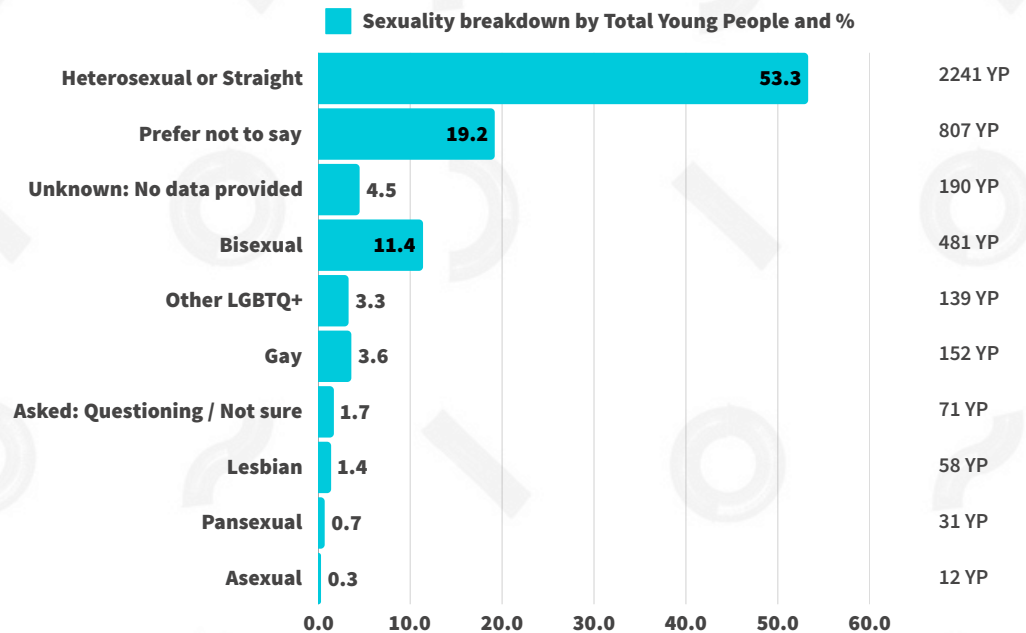
Disability



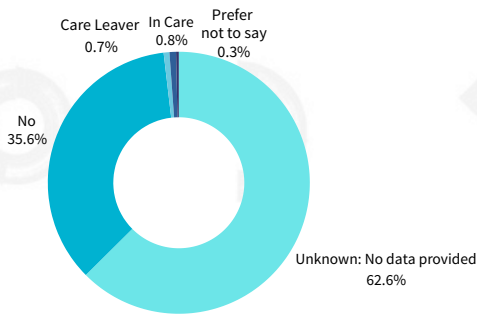
Gender Identity



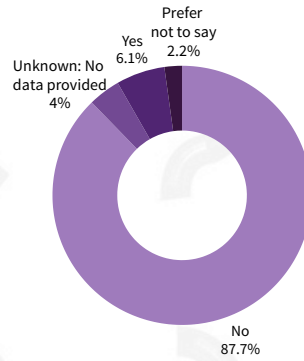
Sexuality



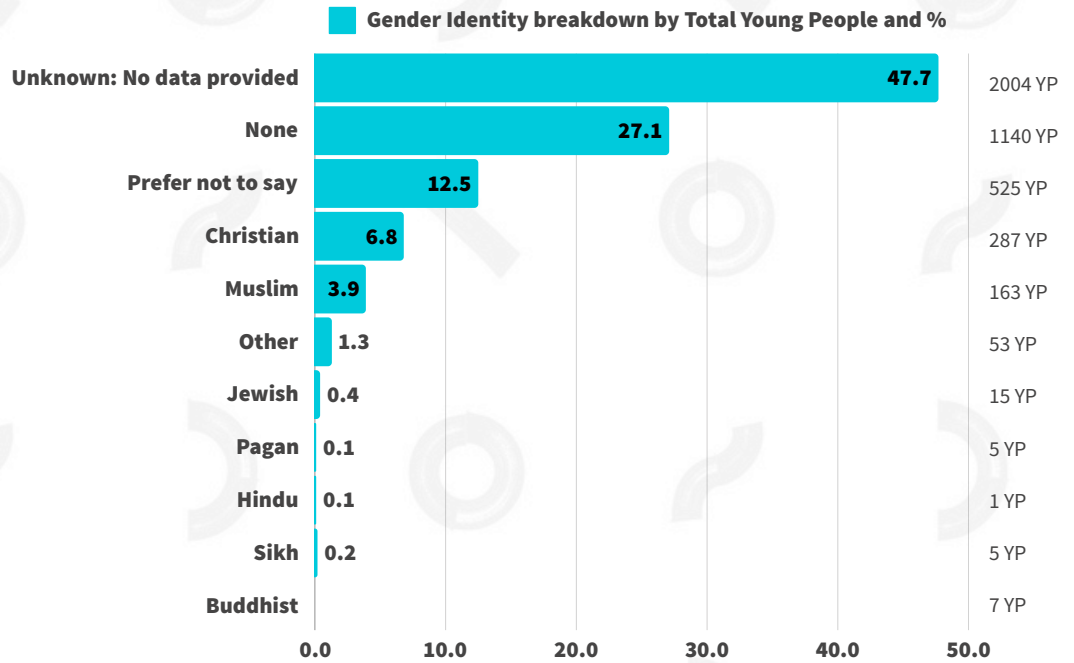
Care Experienced



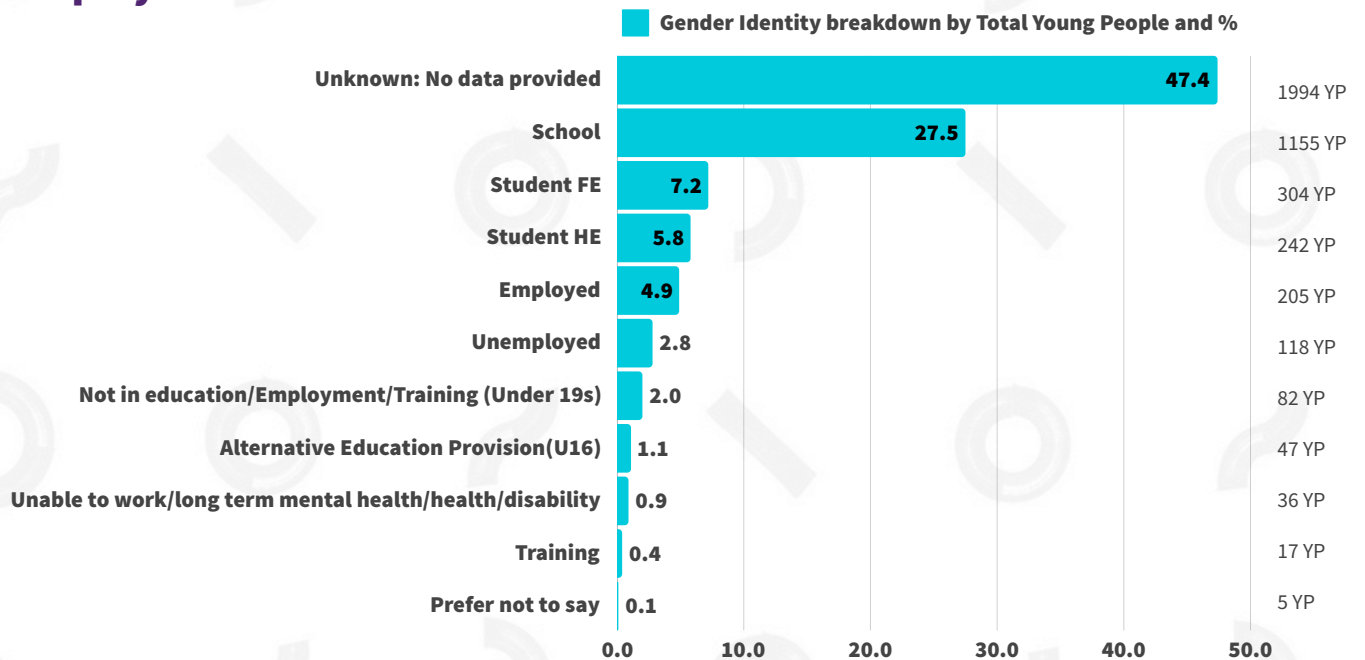
Young Carers



Religion and Belief



Employment Status



Therapeutic 1:1 Work

Our services have demonstrated consistently high rates of 'clinically significant improvement,' 'reliable change,' 'reliable improvement,' 'recovery,' and 'clinically significant change' for individual therapeutic work, with 55% of young people achieving these outcomes. This is comparable to, and slightly exceeds, outcomes reported in CAMHS settings. A 2021 study published in BJPsych Open (1) found that 50% of young people receiving support in CAMHS showed reliable improvement on at least one routine outcome measure subscale, such as the Revised Children's Anxiety and Depression Scale (RCADS).

Furthermore, if we adopt a more inclusive perspective—considering any degree of score improvement—our outcomes show that 80% of the young people we support experience some level of positive change. This broader view highlights the extensive impact of our interventions and reinforces our commitment to fostering meaningful progress in the mental health and well-being of the young people we serve.

18,091

one to one sessions to

2232*

young people

93%

of young people asked would recommend us to friends and family, post-disengagement

Counselling

 **2443**
sessions

 **337**
young people

Provides a safe, non-judgmental space to explore past experiences and current challenges, helping to develop positive coping strategies and build resilience.

Psychosocial Support

 **4671**
sessions

 **461**
young people

Focuses on building positive relationships, providing a safe space to discuss life's challenges, and helping you understand how various aspects of your life affect your well-being.

Talking Therapies

 **1629**
sessions

 **215**
young people

Focuses on understanding how thoughts, feelings, and behaviours are connected, providing a safe space to help young people develop practical strategies to manage negative patterns.

Integrates Community Response

 **2178**
sessions

 **320**
young people

A group of accessible services for young people, offering brief, solution-focused therapy in co-located settings. Sessions are time-limited and tailored to individual needs, providing targeted support.

Schools

 **5854**
sessions

 **722**
young people

Support tailored to fit seamlessly into the school setting. This ensures young people can access support conveniently while contributing to a whole-school approach to mental health and well-being.

Online Support

 **1316**
sessions

 **177**
young people

The same high-quality services, delivered remotely to ensure accessibility via synchronous live chats, or asynchronously, flexible messaging options, making it easier to fit support around their needs and schedules

*Some young people may use more than one part of our service.

1. Gibbons N, Harrison E, Stallard P. Assessing recovery in treatment as usual provided by community child and adolescent mental health services. BJPsych Open. 2021;7(3):e87. doi:10.1192/bjo.2021.44

Schools, Colleges & Education

In 2023/2024, 42nd Street continued to deliver vital mental health support for young people in schools and colleges, through its collaboration with Mental Health Teams in Schools and Colleges, accounting for 20% of the young people we support overall. Our work has focused on promoting mental well-being, reducing stigma, and providing timely interventions for students experiencing emotional and psychological challenges.

The young people we work with in these settings often present different needs and backgrounds compared to those we support through our other services, though similarities also exist. Understanding these nuances is essential to grasping the full scope of what 42nd Street offers in educational settings.



Donna Sergeant

Service Manager - Schools,
Colleges & Education

Key Achievements and Insights:

Engagement and Reach:

We delivered 4,140 sessions, engaging 500 students across local schools and colleges. These interventions addressed a range of issues, providing direct mental health support and resources tailored to specific needs.

Demographics:

- Ethnicity: Ethnicity in schools mirrors our broader service, but varies across institutions. We work closely with schools to ensure we reach all of their communities, and we find that our representative schools team allows us to meet their needs. Though the % of Global Majority young people being referred for support is still lower than the % of Global Majority young people in schools and we are committed to continue building our engagement here.
- Gender Identity: Our schools work saw double the number of young people questioning or feeling unsure around their gender as our core service (3% compared to 6%) While this remains a small percentage, we are committed to offering the right support, approaching sensitive topics with care, and maintaining a diverse and representative staff team. Schools see a slightly higher proportion of male students accessing support compared to our broader service. These differences may be due to easier access, the younger age group at schools and the integration of practitioners into the school environment.

- **Sexuality:** As in the other parts of 42nd Street, we work with a diverse range of young people in schools, including those identifying as heterosexual, bisexual, gay, lesbian, pansexual, and other LGBTQ+ identities, as well as those who are questioning or unsure about their sexuality. This diversity mirrors what we see across our services and highlights the importance of providing sensitive, tailored support. Our team collaborates with schools to address the unique challenges faced by young people in these settings, offering a safe and inclusive environment where they can explore and express their identities. By fostering understanding and acceptance, we empower young people to feel confident and supported, helping to build a culture of inclusion within the school community.



“Having a Mental Health Practitioner on site has brought added value to Wright Robinson College in many ways. It allows the Students here to access regular sessions in an environment that is safe and familiar to them. The sessions take place in the same room and, wherever possible, in the same time slot”
-School

Outcomes and Impact:

Routine Outcome Measures (ROMs) demonstrate significant progress for students:

- 79% showed improvement from their initial scores.
- Of these 28% made significant progress, and 27% reached a score below the threshold for clinical distress.

Attendance and Retention:

Did Not Attend rates were low at 10%, achieved through proactive strategies personalised adjustments, flexibility working around school commitments. Most disengagements (84%) occur after successfully completing support.

Partnership and Training:

We worked closely with educators and school staff, equipping them with the knowledge and tools to identify mental health issues early and support students effectively. These sessions focused on topics such as resilience building, trauma-informed practices, and strategies for managing stress.

Collaboration with Stakeholders:

We strengthened partnerships with local authorities, mental health services, and educational institutions to create a comprehensive support network for young people. Our Whole School and College Approach ensures seamless access to resources and services and holistic support for young people.

“It feels good to be able to open up to someone. I think it helps me because I get tips and ideas on how to manage situations and emotions”
-Young Person

“My child is now attending school more, and is appearing more confident within herself”
-Parent

The initiatives implemented by 42nd Street have led to a measurable increase in young people’s awareness of mental health issues, improved emotional resilience, and a reduction in barriers to accessing mental health support. We remain committed to advocating for the mental health needs of young people and enhancing the overall wellbeing of young people across the city.

42nd Street’s work within schools and colleges during the 2023/2024 period has been instrumental in fostering a supportive environment for children and young people, enabling them to thrive both academically and personally. We look forward to building on these successes in the coming years, ensuring that mental health remains a priority in educational settings.

“The sessions have been going really well, and they have been helping me a lot. I think the sessions have had a big impact on my mental health as they’ve taught me it’s ok to be myself and let it all out. I feel I have learned to express myself and manage my emotions in a healthier way”
-Young Person



Training and Events

42nd Street offers a wide range of bespoke training packages to front-line professionals, parents/ carers and wider stakeholders that are interested in improving their understanding, approaches and strategies for supporting young people's emotional wellbeing and mental health.

In 2024, 42nd Street has delivered a total of 8.5 training days to 96 people externally. In addition to this 230 professionals took part in training and events via the Horsfall.

42nd Street Training

Name of External training	Training in days	Number of attendees
Venture Arts – Working Creatively with Young People	1	12
Factory International – self care	1	10
Company Chameleon – ACEs, Trauma and Young People	1	9
TOG MIND - Train the Trainer	1.5	8
We Belong	1	6
Anti Racism Training	2	26
Going Digital	1	25
Total	8.5	96

“Really valued the space – learnt huge amount and having time dedicated to interesting conversations was so valuable. Could have easily done a full day and shame some things had to be moved on for ‘time. Space held really well and felt safe to have vulnerable conversations – the icebreaker really helped with this, especially hearing from everyone.” - Company Chameleon, ACE’s, Trauma and Young People

The Horsfall Training

Training delivered by The Horsfall	Duration	Attendees
First Year Nurses Chester University	24 hours	65 students
Social Workers	3 hours	35
The Future Is Ours Symposium	1 full day	82 professionals health and arts sectors
Training for Artists	3 full days	33
Internal Staff training	6 hours	15
Total	63 hours	230

“Seeing those examples, sort of beacons of best practice has helped generate ideas of what we can do to be more supportive of other people in the sector trying to support young people’s wellbeing” - James Roberston, BeeWell National Director

Consultancy and Supervision

In addition to training we also provide consultancy and supervision to professionals working with young people.

During April 2023- September 2024 we delivered supervision to the staff team at the Blessed Thomas Holford High school, a project that began in 2021.

It was identified by the school that staff would really benefit from supervision as a response to managing increasing challenges to the roles and responsibilities of school staff.

Supervision was offered and delivered to designated safeguarding leads (DSL), special educational needs (SEN) learning mentors (LM) and the deputy head (DHT). The pilot was very successful and direct feedback from the staff who received supervision was overwhelmingly positive.

“...has given me the time and space to focus on myself and look at work issues and challenges differently, helping me to develop tools and strategies to manage my own mental health alongside the rigours of my role.”

“...the sessions helped me to analyse my feelings and view situations with greater clarity. Someone listening and reflecting gave me space and time which I rarely get and made me feel heard, creating a greater sense of emotional wellbeing...and helped me work through professional issues and situations.”

Peer Research

Our Young Adults Peer Research Project began in Jan 2022, gathering the voices of 152 young adults from across Greater Manchester throughout the Summer of 2022. We engaged 108 young people in Focus groups interviews and 44 completed the online questionnaire

Throughout the year of 2023/2024 our peer consultants put all the findings and research together ready for their final report so the voices of young adults and findings could be shared to improve services. As a result they:

- Delivered 4 workshops to talk about the findings in boroughs across GM
- Attended meetings across Greater Manchester to disseminate the findings to professionals and commissioners, to give 30 minute to talks
- Delivered 6 workshops to find out locality strengths and gaps, and funding priorities with professionals from all of Greater Manchester borough

<https://www.42ndstreet.org.uk/news/article/you-re-helping-just-by-listening>

Join us...
let's make the changes young adults need:

'YOU'RE HELPING ME JUST BY LISTENING'

Greater Manchester
42ND STREET

READ OUR PEER RESEARCH REPORT HERE

Greater Manchester
42ND STREET

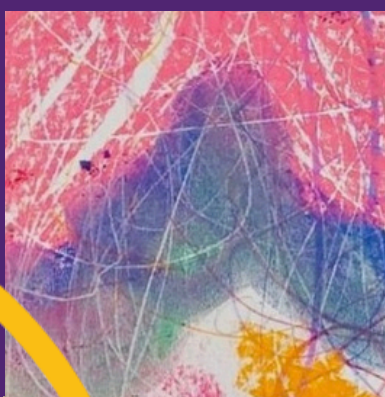
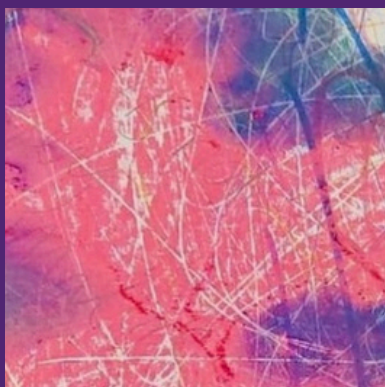
Safe Spaces for Expression: Creativity in Education

This initiative aimed to support young people experiencing challenges such as low mood, poor attendance, and low self-confidence by offering open creative sessions within a school environment. Using Bee Well data to identify a suitable school, we collaborated with students over a series of 32, two-hour weekly sessions. The approach was rooted in creativity, allowing young people to express emotions, develop self-reflection, and explore personal and imaginative ideas in a safe and supportive space.

The repurposing of a maths classroom into a creative refuge transformed it into a sanctuary where participants could "unravel" and feel at ease. Young people were encouraged to self-direct their creative processes, reflecting on their emotions and experiences through art, writing, and discussion.

The project emphasised safety, inclusivity, and respect, fostering trust and agency among participants. Keeping this at the heart of the approach and allowing time for rapport to be built, supported the young people involved to build trust in adults where it may have been low.

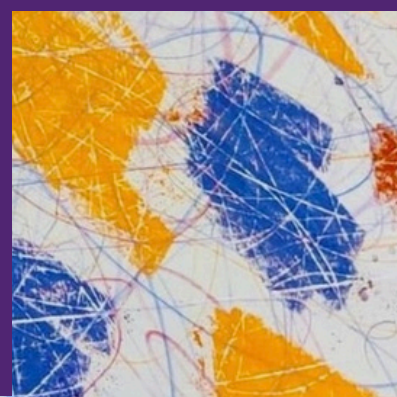
THE SESSIONS PROVIDED FREE
ACCESS TO ART MATERIALS,
NURTURING GUIDANCE FROM
CREATIVE PRACTITIONERS, AND A
WARM JUDGMENT-FREE SPACE

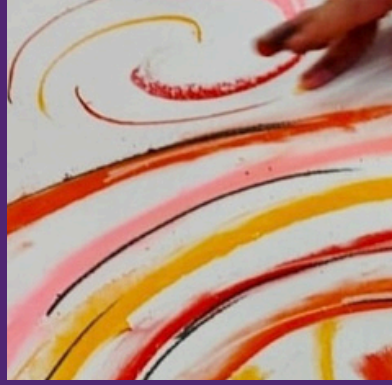


32 X 2 HOUR
SESSIONS

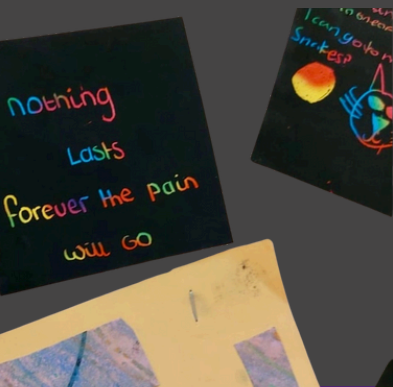
1 X VISIT TO THE
HORSEFALL

15 X YOUNG
PEOPLE

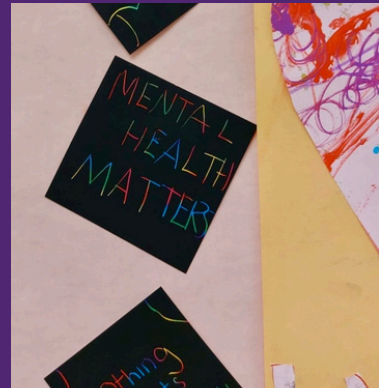




"THIS IS THE BEST INTERVENTION I'VE EVER HAD. IT'S A SPACE WHERE WE CAN TALK, CREATE, AND FEEL SEEN"
- YOUNG PERSON



"I ONLY CAME IN FOR THIS TODAY"
-YOUNG PERSON



The bonds made were transformative and young people who may have initially been hesitant about the new creative approaches became regular attendees and for some young people it helped support their wider attendance and engagement in school. With one participant sharing, "I only came in today for this" and others describing the sessions as calming and joyful, with feedback like:

"THIS STUFF MAKES ME HAPPY."

Seeing the positive impact and increased motivation from fostering creativity with their pupils through a flexible and unstructured approach, also built confidence in the benefits and different approaches with school staff.

Students experimented with techniques such as free writing and emotional mapping and openly explored themes such as grief, stress, and resilience, leading to deeper self-awareness and empowering young people to reshape narratives around their behaviour, self-perceptions and self-worth, with one young person reflecting:

"YOU CAN'T ALWAYS BE HAPPY - IT'S ABOUT KNOWING YOURSELF."

This project underscores the power of creative expression in promoting mental health, resilience, and belonging among young people. It offers a compelling model for cultural change within education, centred on respect, flexibility, understanding, and creativity.

Group Work

Group work at 42nd Street provides young people with a supportive and inclusive space to connect, share experiences, and build skills. We offer a wide range of groups, from creative and activity-based sessions to identity-specific groups that bring together young people with shared experiences or backgrounds. These groups are designed to promote emotional well-being, personal growth, and a sense of belonging while celebrating diversity and individuality. In 2023/2024 we saw a growth in the number of group sessions offered and the attendees.

RAYS

An identity based peer support group for ALL young Black or Black heritage Women and Non-Binary people aged 18-25 to feel free to share their thoughts and experiences with others who may relate to them.



39 sessions to 11 young people

JET 42

A weekly peer support group for young Black and mixed-race men aged 16-25 to explore and improve their mental health and emotional wellbeing.



37 sessions to 26 young people

REJUVENATE

A peer support group for young women aged 13-16 from the Orthodox Jewish Community



24 sessions to 30 young people

Q 42

A space for LGBTQ+ young people to connect, share, have fun whilst improving mood and wellbeing.



43 sessions to 13 young people

CLOUD 42

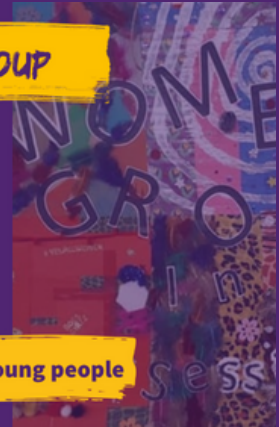
A peer support group for Care Leavers aged 16-25 with a focus on completing research into how mental health services could be improved.



40 sessions to 5 young people

WOMEN'S GROUP

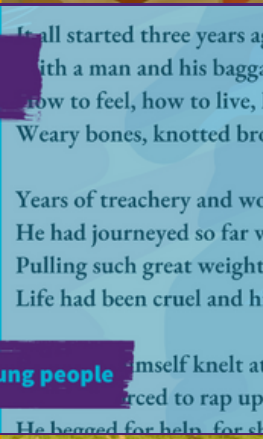
A peer support group with social, therapeutic and creative elements for young women aged 18-25.



24 sessions to 12 young people

TC 42

Our Therapeutic Community group helps young people who have long standing difficulties with their feelings and relationships.



51 sessions to 16 young people

CHANGE AMBASSADORS

A group that advocates for youth voice, are passionate about making positive change, tackling issues and barriers that young people may face within their local communities, nationally or politically.



44 sessions to 14 young people

CRYSTAL 42

Crystal42 is a safe and friendly space for young people aged 11-18 who have engaged in support from ICR. The group is an opportunity to connect with each other and engage in fun activities, games, crafts and social action.



26 sessions to 11 young people

NATURE CONNECTION

A peer support group providing space and time to connect with nature, others, relax, be and belong.



6 sessions to 5 young people

MUSIC GROUP

The Music group is a chance to benefit from the therapeutic qualities of music while connecting and creating with others.



38 sessions to 9 young people

MOVEMENT PROJECT

Movement group is an opportunity for young people to connect with your body, express how you feel and what you think in a safe and supportive environment.



44 sessions to 10 young people

Re:Sound 2023 - Evaluation

42nd Street Music Group Project

“Our ongoing Re:Sound project pairs musicians with archives around Greater Manchester. The artists connect with librarians and archivists to uncover historic material which explored a range of themes that have so far included Manchester’s textile history, African celebrations in Manchester and the changing role of women in society, ghosts and exorcism, Caribbean traditions and more.”

www.manchestercityofliterature.com/project/resound/

42nd Street’s Music Group were invited to take part in the project and were initially invited to attend the showcase event from the previous run, this was held at Manchester Central Library on the 8th of June. During the event young people and staff saw the creative outputs of various community groups from around Manchester working with local artists.

We were lucky enough to work with LayFullstop, a Manchester based artist creating “genre-defying work, experimenting with elements of jazz electronica, gospel, soul and hip hop”. Lay brought her instrumental for our young people to perform over, including a sample from the sound archives where a woman spoke about the “nine night”, a Jamaican tradition of mourning. Lay and the group then collaborated by creating lyrics around the themes of grief which they eventually took into a recording studio where they added their vocals to the track.

So, in coming full-circle, the group closed the October showcase by performing the finished track, live alongside LayFullstop. This was the first live performance in front of an audience in the group’s history.

“It was great to see the group working on a project with a deadline and a performance at the end of it. There were plenty of challenges and we’ve learned a lot from the process. The young people did so well and hopefully they’re as proud of themselves as I am!”
Music Group Practitioner, 42nd Street

“Everything just came together for the performance, even though we had a short time to record the song.”
Group Member



THE HORSFALL



Creative Health is Mental Health: The Horsfall is our creative venue where we offer our creative programme and gallery space to support emotional wellbeing and mental health.



We believe that everyone can be creative and that creativity has a profound benefit on mental health and wellbeing and this is why we have our gallery space alongside 42nd Street.

The Horsfall provides flexible space in various ways for young people to use creativity to take their minds off things, reflect, relax, process experiences, self-realise and tell their stories - and for all young people to feel safe and welcome.

Our programme, curated by young people, also offers unique opportunities for young people to work alongside established and emerging artists in various ways to build their creative practise, learn new skills, challenge the status quo and deliver creative workshops sharing their skills with others too.

**We delivered
862 hours
of creativity**



Creative Space

Delivered 48 weeks a year, with 40 young people accessing between 10-96 hrs.

A second creative drop in was introduced from November 2023 delivering a further 24 weeks, with 40 young people accessing between 10-48 hrs.

Total of 96 hours of open creative activities were delivered.

Creative Collective

36 hours of monthly meetings delivered to young artists.

12 young people were supported face to face.

65 young people were supported with regular emails and opportunities. internally with 42nd Street and The Horsfall, and externally.

Young Carers Celebration Event

5 hours of creative activities delivered to 100 young people (including young carers) and supported the 'Support Not Sympathy' campaign.

Studio Space

50 hours of creative studio space was provided to 10 young artists.

**2059 young
people took part
in at least 2 hours
of creativity**



Rays Exhibition

A collaborative exhibition by our young Black Women's and Non Binary group for young people aged 13-17 to launch their group and reach potential new members.

6 hours of creative space and a platform for youth voice was provided to 12 young people reaching approximately 1000 people with their window exhibition and work shared.

Validation Exhibition

A community in Residence Exhibition where 10 young artist with additional needs showcased their work with Stepping Stones.

Named after the reflection that through art the young people feel validated where they don't always in other activities (Jan 2023).

Barmy Army Project

We supported the delivery of the Barmy Army Project with Manchester International Festival providing 24 weekly 3 hour sessions to groups of 10 young people. The project reached 1000 plus people

Salford University

Supporting local Salford University students to showcase their work as part of their course with a one-week exhibition. Work by 30 students featured, reaching 100 attendees at the gallery and over 10,000 online. Many of these students also join our collective, enriching their creative journey and sharing their practise with our young creatives.

BeeWell Event

Introducing 6 hours of creativity at Beewell school's wellbeing event to 200 young people.

We Are All Artists

Delivering a creative space in Manchester's Arndale shopping Centre and promoting our the "Right to a Creative Life" campaign over two days. The event provided 10 hours of activities, engaging 1,550 young participants and supporting 8 young creatives, who were paid to run sessions. It reached approximately 500,000 people over the two days.



Hidden Narratives Exhibition

Supporting 6 South Asian Artists to work as Artists in Residence, plan and showcase their work and share their stories in an exhibition event to celebrate South Asian Heritage Week.



Responses to Grief

Work with three collective members as artist-in-residence—a painter, sculptor, and musician—who experienced parental loss in their early 20s and used art to process and express their experiences of grief. Their work was shown at Didsbury Arts Festival.

"CREATIVITY IS PART OF ME, AND I AM PART OF CREATIVITY. IT DOESN'T FEEL LIKE IT'S SOMETHING SEPARATE OR SOMETHING LEARNT. I FEEL IT'S SOMETHING WE ALL POSSESS AND WE SHOULD ALL EXPRESS IF WE CAN"
- YOUNG ARTIST

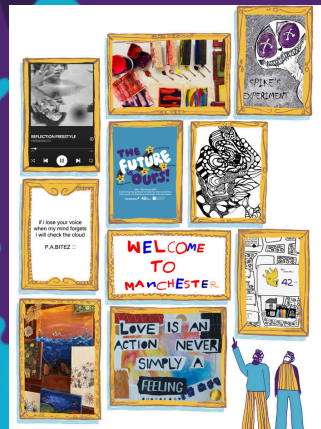
"IN CREATIVITY THERE IS NOT RIGHT OR WRONG AND YOU CAN SHARE YOUR PASSIONS, INTERESTS AND STORIES WITH PEOPLE IN A DIFFERENT AND ENGAGING WAY"
- YOUNG ARTIST



THE FUTURE IS OURS!

The Future is Ours 2023 provided 30 hours of support to 10 young people to create the creative projects, totalling to 300 direct support hours.

The work featured as part of the festivals exhibition and attracted 262 visitors to the gallery, reaching 250,000 engagements online and approximately 500,000 views via billboards and street posters over two weeks.



CREATIVE HEALTH IS MENTAL HEALTH



THE HORSEFALL

THE
FUTURE
is
OURS!

FREE
ART EXHIBITION

COME ON IN!!

@THEHORSEFALL / @THEHORSEFALL_ND10STREET

#THEFUTUREISOURSFESTIVAL

CREATIVE
HEALTH IS
MENTAL
HEALTH

WE ARE ALL
ARTISTS

EDUCATION IS KILLING
CREATIVITY



Financial Summary

Statement of Financial Activity (Year Ended 31st March 2024) £000

2023/2024

2022/2023

Incoming Resources	4,038	3932
Resources Expended	(4,024)	(3,818)
Net Income/(Expenditure)	14	114
Total Funds At 1 April 2023	2,259	2,145
Total Funds At 31 March 2024	2,273	2,259

Balance Sheet (As At 31st March 2024) £000

2023/2024

2022/2023

Fixed Assets	1,098	1,116
Current Assets	2,010	2,808
Creditors	(835)	(1,665)
Net Assets	2,273	2,259
Reserves: Restricted	1,451	1,484
Unrestricted	822	775
Total Funds	2,273	2,259

The Balance Sheet and Statement of Financial Activities are summaries of information extracted from the full annual accounts. Copies of the full annual accounts can be obtained from the Company Secretary. A copy of the full statutory accounts has been filed with both Companies House and the Charity Commission.

Acknowledgments

Contracts and Grants	Donations	Thank you to all those who have given through:
NHS ICB	H Hughes	Just Giving
NHS Pennine	Extreme Large Manchester Shop	Charitable Giving Payroll Giving
NHS Stockport Foundation (NHS Charities Together)	Jonathan Bennison	Charities Aid Foundation CAF
Children's Society	Mills and Reeve LLP	Charities Trust
Eric Wright	Roland Crump/Christine Raiswell	PayPal Giving
Esmee Fairbairn	Ben Ghalbon	Stripe
G M Combined Authority	Story Contracting Charity	Schools
GMBOP	St Wilfrid's Church	Buile Hill High Academy
Health Education England	Bernard Davies	Connell Co-op College
Innox Foundation	Carbogen Amcis	Wright Robinson College
Lankelly Chase Foundation	Bioscript Stirling Ltd	Altrincham Grammar School
Manchester City Council	Equilibrium FP LLP	Parrs Wood High School
Oasis Hub Oldham	Pro Manchester	Lostock High School
Paul Hamlyn Foundation	Together Money	Melland High School
The Baring Foundation	St Ambrose College	Ashton on Mersey School
The Proud Trust	One Great Day	Blessed Thomas Holford RC School
Tameside Oldham and Glossop Mind	The Laurus Trust	Manor Academy
Young Manchester	TJX UK Foundation	Also, our thanks to:
Groundwork	JDA Charity & Fund	Crowe UK LLP [Auditors]
University of Manchester	Story Contracting Charity	Web (Online Platform)
GMCVO	People Puzzles Ltd	PCMIS Health Technologies Ltd
Manchester Metropolitan University		Sidney Phyllis Krystal Foundation
Grant Weston Foundation		

A special thank you to Roland Crump and Christine Raiswell, for raising £6070 through the Kieran Fund in 2023/2024, which provided Kieran Getaways trips for our various groups to explore and connect.





Funders

**The Baring
Foundation**



Supported using public funding by
**ARTS COUNCIL
ENGLAND**



**Funded by
UK Government**

**The
Children's
Society**



**phf Paul Hamlyn
Foundation**



**INNOX
FOUNDATION**



GMCA GREATER
MANCHESTER
COMBINED
AUTHORITY



How to find us and connect

 0161 228 7321

 42ndstreet.org.uk

 TheTeam@42ndStreet.org.uk

 www.42ndstreet.org.uk

    @42ndStreetMcr

 @42ndStreetCharity

 www.thehorsfall.org.uk

  @thehorsfall

42 ND
STREET

THE HORSFALL 

