



Job Description

Job title:	Mental Health Practitioner (Counselling & Therapy)
Grade:	Pay scale NJC Pts. 26-31: £23,866 - £28,221
Contract end date:	Fixed term until 30 th June 2019, subject to funding
Annual Leave:	27 days per annum (pro rata)
Responsible to:	Service Manager – Counselling & Therapy
Location:	Office base in Manchester and community based work in localities across Greater Manchester.
Hours of work:	37.5 hours per week (full time)
Job Summary:	You will work as part of a wider Counselling and Therapy Team providing a range of quality therapeutic services to young people aged 11-25 years who are under stress or experiencing mental health difficulties. The core element of the post is the direct delivery of counselling/therapy to young people, with the possibility of delivering therapeutic group work. You will deliver therapeutic work from our Manchester headquarters and in community based locations across Greater Manchester, dependent on the access needs of young people.
Date:	June 2018
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KEY TASKS:

1.0 SPECIFIC TO THE POST HOLDER

- 1.1 To deliver initial meetings so as to make appropriate initial assessments of the mental health needs of young people aged 11 to 25 years. This will be a holistic needs focused assessment including an assessment of risk.
- 1.2 As part of assessment and ongoing work, to identify and assess risks collaboratively with young people and manage risk issues through full risk assessment, the development of crisis action plans and appropriate liaison with relevant services e.g. statutory crisis teams, GPs.
- 1.3 To ensure that all assessment work with young people aged 11-25 years proactively engages with issues of equality, inclusion and the social model of mental health.
- 1.4 To refer young people (11 to 25 years) after initial assessment to the appropriate 42nd Street service or to an alternative external agency.
- 1.5 To establish relationships with and provide individual counselling/therapy support with built-in reviews to young people experiencing a wide range of mental health issues. This work includes individual support, preventative work and work with young people who may have had considerable contact with mental health services.
- 1.6 To offer a range of short, medium and long term counselling/therapy work to young people in line with assessed need and outcomes of regular reviews of support.
- 1.7 To be involved with group work that responds to the needs of young people who are isolated and under stress. This will include delivering therapeutic groups and

participation in ongoing drop-ins and other groups with other members of 42nd Street staff.

- 1.8 To work with other counsellors/therapists to continue to develop an accessible and appropriate counselling service at 42nd Street.
- 1.9 To ensure that the services provided are accessible and responsive to the needs of Black, LGBTQ+ and other minoritised young people.
- 1.10 To liaise and network if requested to do so, with identified groups, agencies and individuals who may be in contact with young people. For example, schools, CAMHS / AMHS, children's services, GPs, youth and community services, and parents.
- 1.11 To play a role in the development and sharing of good practice in responding to the mental health needs of young people in 42nd Street and externally.
- 1.12 To play an active part in the evaluation of your work and to respond to the changing needs of young people by developing new areas of work.
- 1.13 To work at our Manchester office base and at community venues across Greater Manchester, dependent on the access needs of young people. This may involve some lone work with support of the duty management system.

2.0 SHARED WITH ALL WORKERS:

- 2.1 Ensure that the values and principles underlying the organisation's mental health and emotional well-being support with young people are maintained and developed. These include an active commitment to anti-discriminatory practice and to ensuring that services are accessible to those young people who are often excluded from such services, for example, black young people, disabled young people, gay, lesbian, bisexual and trans young people.
- 2.2 Be aware of and ensure compliance with legal requirements and internal policies with particular reference to information governance, data protection, confidentiality, health and safety, and safeguarding children and vulnerable adults.
- 2.3 Ensure the maintenance of standards of practice according to 42nd Street and any regulating, professional and accrediting bodies (e.g. BPS, HSCIC, UKCP, BABCP).
- 2.4 Contribute to the development of 42nd Street through active involvement in team meetings, consultations and other relevant systems and structures.
- 2.5 Maintain all relevant information systems including monitoring and evaluation, recording and personnel systems.
- 2.6 Be involved in staffing 42nd Street's Duty/Co-Worker system, where this is relevant to the role.
- 2.7 Participate in managerial and external supervision and have an active involvement in professional development opportunities at 42nd Street.
- 2.8 Maintain safe systems of work at all times and take care of your own safety, and that of colleagues and others who may be affected by your activities.

- 2.9 Undertake any other duties that may be required which are commensurate with your role.
- 2.10 Undertake any requests made by the Leadership Team at 42nd Street that is relevant to this post.
- 2.11 Provide some of your work at times other than office hours so that the service is accessible, depending on the operating times of partners and the needs of young people, this could mean evening and weekend work.

The main responsibilities are not an exhaustive list of duties, only a general guide to the post. In consultation with the post-holder, the duties may change from time to time to reflect the changing needs of the service.