

MAKE  
OUR  
RIGHTS  
REALITY



### The training is...

- Free
- Fun
- Practical - there are lots of activities and discussions
- Relevant - lots of examples from real life situations

...and will help you take back control!

“Knowing my rights has made me feel like we need a revolution.”

By the end of the training we hope that you will:

- Realise your power to change situations
- Know more about your rights and responsibilities
- Know how to find the information and support you need
- Have the confidence and skills to challenge unfairness
- Know how to communicate effectively with people in authority

MORR RIGHTS will help you develop a new set of skills that help you prevent and deal with everyday problems as they arise **e.g. benefits, debt, housing, mobile phone contracts etc.**

Call: 0161 228 7321

Anne Carlisle (Regional Project Lead) 07715655197

Email: [TheTeam@42ndstreet.org.uk](mailto:TheTeam@42ndstreet.org.uk)

Web: [www.42ndstreet.org.uk](http://www.42ndstreet.org.uk)

Twitter: @42ndstreetmcr

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